

## PDIS - KINDERGARTEN

### From the desk of CEO:

Dear Parents,

Welcome to the August and September issue of PDIS Happenings. After a month long travel it was time to focus on their eating habits and hygiene. Children did various activity sheets, watched videos explaining and emphasizing the interesting themes. We welcomed the 73<sup>rd</sup> Independence Day. The children from Pre Primary celebrated Sanskrit Diwas by actively participating in Shloka recitation activity. The preprimary children also celebrated Dahi Handi festival in school. Children enjoyed enthusiastically participating in Best out of waste competition and little artists (drawing) competition. As we moved towards the month of September with the support of parents, staff and our young, energetic, enthusiastic and talented children, we successfully conducted event of Annual exhibition I<sup>3</sup>, wherein importance of agriculture and farming was emphasized through various projects and actual plantation. Thus we are concluding the month and stepping into another month full of wonders!!

Thank you,

**Dr. Vidya Ramgopal**

### Gladiolus ( Sr. KG)

COUNSELOR'S COLUMN	HEALTH TIPS	UPCOMING CELEBRATIONS
<p><b>Teaching Kids the Importance of Gratitude</b></p> <p>Most parents have taught their kids the importance of saying thank you. But how many have truly instructed them, the art of being grateful? The Importance of Gratitude:-</p> <p>Gratitude means being thankful and appreciative of the good things you have.</p> <p>1)It can decrease stress and increase a feeling of belonging.</p> <p>2) A person who is grateful tends to spend less time comparing him or herself with others and feeling envious.</p> <p>3)It also helps children to empathize with others. They will be able to relate other people's feelings and will feel a sense of belonging with their classmates and community.</p>	<p><b>Healthy tips for kids</b></p> <ol style="list-style-type: none"> <li>1. Food is Fun... Enjoy your food.</li> <li>2. Breakfast is a very important meal.</li> <li>3. Eat different foods every day, variety is the recipe for health.</li> <li>4. Eat fruits and vegetables with each meal and as tasty snacks.</li> <li>5. Snack attack! Eat regularly and choose a variety of snacks.</li> <li>6. Quench your thirst. Drink plenty of liquids.</li> <li>7. Care for those teeth! Brush your teeth at least twice a day.</li> <li>8. Eat Healthy foods which contain lots of vitamins, minerals and fiber.</li> <li>9. Allow children to pick a new vegetable to try while shopping.</li> </ol>	<p><b><u>Dates to remember:</u></b></p> <p><b>7<sup>th</sup> October: Navratri Celebration &amp; Grandparent's Day</b> – Children have to come in colourful Traditional attire.</p> <p><b>19<sup>th</sup> October: Open Day 3</b></p> <p><b>21<sup>st</sup> October: Yellow Day</b> Children have to come in <b>Yellow colour</b> decent dress.</p> <p><b>23<sup>rd</sup> October: Talent Hunt: SOLO DANCE Competition &amp; Diwali celebration.</b></p> <p><b>Diwali Vacation: 24<sup>th</sup> October to 12<sup>th</sup> November 2019.</b> School will reopen on 13<sup>th</sup> November 2019.</p>

**SCHOOL SYLLABUS FOR THE MONTH OF AUGUST AND SEPTEMBER 2019**

<p align="center"><b><u>Numeracy</u></b></p> <ul style="list-style-type: none"> <li>• Identification and counting numbers up to 50.</li> <li>• Number names 1 to 50.</li> <li>• Concept of “Zero”.</li> <li>• Missing numbers from 1 - 40.</li> <li>• Pre - mathematical concept: Full, Empty and half, Heavy and light, Far and Near.</li> <li>• Shape - Triangle, Square.</li> <li>• Backward counting of numbers from 21 to 40.</li> <li>• Concept of before, after and between numbers up to 50.</li> <li>• Firefly numbers book page nos. 4,5,8,9,20,21,24,25,26,29.</li> </ul>	<p align="center"><b><u>Physical Development</u></b></p> <ul style="list-style-type: none"> <li>• Warm up exercises.</li> <li>• Mass PE sitting exercises.</li> <li>• Running and jogging.</li> <li>• Frog jump, monkey walk and backward horse walk race.</li> <li>• Run and chase between the hurdles.</li> <li>• Hopping on one leg.</li> <li>• Catching, holding and kicking the ball in right specified direction.</li> <li>• Walking by balancing the ball between legs.</li> </ul>	<p><b><u>Q. 1: Read and answer the following:</u></b></p> <p><b><u>Ben’s Hen</u></b></p> <p><b>Ben got a new red hen. Her name is Jen. Jen, the hen, likes Ben. Jen had ten eggs for Ben. Ben is happy with Jen.</b></p> <ol style="list-style-type: none"> <li>1. Ben got a new _____. a. Pen b. Men c. Hen</li> <li>2. What is the hen’s name? _____ a. Ben b. Jen c. Len</li> <li>3. Jen, the hen, likes_____. a. Men b. Den c. Ben</li> <li>4. How many eggs did Jen had for Ben? _____. a. Ten b. Den c. Men</li> </ol>
<p align="center"><b><u>Personal, Social and Emotional Development</u></b></p> <ul style="list-style-type: none"> <li>• Learns the meaning of Conservation (saving) and recycling.</li> <li>• History of India’s Independence.</li> <li>• How to keep our surrounding clean and to maintain proper hygiene.</li> <li>• Taking care of flowers in our surroundings.</li> <li>• Importance of eating all fresh vegetables.</li> <li>• Taking care of birds by providing water and shelter to them.</li> </ul>	<p align="center"><b><u>Communication, Language and Literacy- Writing skill :-</u></b></p> <ul style="list-style-type: none"> <li>• ‘en’, ‘et’, ‘ib’, ‘id’, ‘ie’, ‘im’, ‘ig’, ‘in’, ‘ip’, ‘it’, ‘ea’, ‘all’ ‘ell’ word families and writing of sentences. ‘ai’, ‘a _ e’, ‘I _ e’ word families.</li> <li>• Rhyming words and make short sentences from given words.</li> <li>• Vocabulary: - names of flowers, vegetables, birds and their body parts.</li> <li>• Questions and answers (name the following) on vegetables and birds.</li> </ul> <p><b>Reading skill:-</b>Reading words with two vowels together. Reading short sentences. Firefly Phonics book pgs. 12,13,14,15,20,21,26,27,28,29,30.</p>	<p><b><u>Q. 2: Write two rhyming words of the below given words:</u></b></p> <ol style="list-style-type: none"> <li>1. Hit - _____</li> <li>2. Day - _____</li> <li>3. Far - _____</li> <li>4. Ten - _____</li> <li>5. Bed - _____</li> <li>6. Rain - _____</li> <li>7. Cake - _____</li> </ol>
<p align="center"><b><u>Knowledge and Understanding of the World</u></b></p> <ul style="list-style-type: none"> <li>• Identify, name and describe some common flowers and vegetables by its physical attribute.</li> <li>• Names of leafy, root, and raw eaten vegetables.</li> <li>• Identify and name some common birds and their body parts.</li> <li>• Names of high flying and flightless birds.</li> <li>• Pairs- things that go with each other or go together. GK book page 16, 17, 18, and 19.</li> </ul>	<p align="center"><b><u>Creative Development</u></b></p> <p align="center"><b>Art and Craft</b></p> <ul style="list-style-type: none"> <li>• Drawing: colouring banana, Carrot &amp; brinjal, scenery, fruit basket, flower pot, bird.</li> <li>• Craft: Paper crumpling activity for exhibition.</li> </ul> <p><b>Dance</b></p> <ul style="list-style-type: none"> <li>• Dance steps on Dahi Handi and Garba songs.</li> </ul> <p><b>Music</b></p> <ul style="list-style-type: none"> <li>• Clapping 4/4 along with the keyboard rhythm with rhymes.</li> <li>• Vocal singing of songs on mike with keyboard and bass drum rhythm.</li> </ul>	

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